

2012 February

Erpenbeck Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>In addition to the items listed 100% juice, cereal, milk and yogurt will be offered each day at breakfast.</p>	<p>A variety of low-fat milk Choices is available every day at breakfast and lunch.</p> <p>A unique entrée salad Available each day</p>	<p>1 Breakfast: Sausage/Biscuit(24g) Lunch: Pizza Sticks(30g)w/Sauce Mini Burgers(36g) Corn(25g) Fresh Broccoli Salad(26g) Fresh Fruit/Veggie Choices Sherbet Cups(30g)</p>	<p>2 Breakfast Mini Pancakes(34g) Lunch: Chicken Tenders(12g) Breaded Pork Chop(17g) Mashed Potatoes(13g) Green Beans(9g) Fresh Fruit/Veggie Choices Hot Roll</p>	<p>3 Breakfast: Cinnamon Roll(29g) Lunch: Cheese(32g) or Pepperoni(32g) Pizza Slice Pretzel(38g) w/Cheese Tossed Salad Fresh Fruit/Veggie Choices Mini Rice Krispie Treat(9g)</p>
<p>6 Breakfast: Flapstick (29g) Lunch: Hot Dog(24g)/Coney(27g) Mini Tacos(25g) Potato Smiles(20g) Mixed Vegetables(14g) Fresh Fruit/Veggie Choices Bagged Cookies</p>	<p>7 Breakfast: Breakfast Pizza(19g) Lunch: Homemade Grilled Cheese(20g) Chicken Sliders(25g) Homemade Chili(6g) Vegetable Medley Fresh Fruit/Veggie Choices Jell-O</p>	<p>8 Breakfast: Sausage/Biscuit(24g) Lunch: Spaghetti w/Meat Sauce(30g) Chicken Alfredo(28g) Glazed Carrots(17g) Tossed Salad Fresh Fruit/Veggie Choices Wheat Bread Stick(22g)</p>	<p>9 Breakfast: Mini Pancakes(34g) Lunch: Chicken Nuggets(14g) Salisbury Steak(39g) Mashed Potatoes(13g) Broccoli w/Cheese(7g) Fresh Fruit/Veggie choices Hot Roll</p>	<p>10 Breakfast: Cinnamon Roll(29g) Lunch: Fiestada Pizza(42g) Corn Dog(26g) Corn(25g) Fresh Fruit/Veggie Choices Fun Size Chips</p>
<p>13 Breakfast: Flapstick (29g) Lunch Hamburger(30g)/Cheeseburger(30g) Grilled Chicken Sandwich(30g) Tater Tots(19g) Baked Beans(33g) Sandwich Trimmings Fresh Fruit/Veggie Choices</p>	<p>14 Breakfast: Breakfast Pizza(19g) Beef Nachos(38g)/Soft Taco(19g) Cheese Quesadilla(33g) Corn(25g), Mexican Rice(22g), Beans(1g) Lettuce/Tomato/Salsa Fresh Fruit/Veggie Choices Valentine's Day Brownies</p>	<p>15 Breakfast: Sausage/Biscuit(24g) Lunch: Chicken Patty on Bun(40g) Manwich(37g) Fresh Rainbow Coleslaw(8g) Curley Fries(20g) Fresh Fruit/Veggie Choices Fresh Fruit/Veggie Choices Pudding Cup(28g)</p>	<p>16 Breakfast: Mini Pancakes(34g) Lunch: Chicken Tenders(12g) Oven Roasted Chicken(0g) Mashed Potatoes(13g) Green Beans(9g) Fresh Fruit/Veggie Choices Hot Roll</p>	<p>17 Breakfast: Cinnamon Roll(29g) Lunch: Stuffed Crust Pizza(45g) Cheese Ravioli(29g) California Blend(5g) Tossed Salad Fresh Fruit/Veggie Choices President's Day Cookies(22g)</p>
<p>20</p>  <p>President's day</p>	<p>21 Breakfast: Breakfast Pizza(19g) Lunch: Hot Dog(24g) Sub Sandwich(26g) Homemade Chicken Noodle Soup Baked Potato(37g) Fresh Fruit/Veggie Choices Goldfish Crackers(14g)</p>	<p>22 Breakfast: Sausage/Biscuit(24g) Lunch: Chili 3/Way(28g) w/Oyster Crackers(10g) Lasagna Rolls(31g) Brussel Sprouts(7g) Tossed Salad Fresh Fruit/Veggie Choices Brownie(26g)</p>	<p>23 Breakfast: Mini Pancakes(34g) Lunch: Chicken Nuggets(14g) Chef's Delight Mashed Potatoes(13g) Winter Blend(2g) Fresh Fruit/Veggie Choices Hot Roll</p>	<p>24 Breakfast: Cinnamon Roll(29g) Lunch: Cheese(37g) & Pepperoni(36g) Pizza Squares Stromboli(21g) Corn(25g) Fresh Fruit/Veggie Choices Frozen Fruit Treat(15g)</p>
<p>27 Breakfast: Flapstick (29g) Lunch: Mini Corn Dogs(38g) Fish Wedge on Bun(49g) Mac & Cheese(29g) Peas & Carrots(8g) Fresh Fruit/Veggie Choices Peach Cobbler</p>	<p>28 Breakfast: Breakfast Pizza(19g) Lunch: Popcorn Chicken(14g) Teriyaki Dipper(6g) Au gratin Potatoes(20g) Lima Beans(17g) Fresh Fruit/Veggie Choices Chocolate Chip Cookie(6g)</p>	<p>29 Breakfast: Sausage/Biscuit(24g) Lunch: Pizza Sticks(30g)w/Sauce Mini Burgers(36g) Corn(25g) Fresh Fruit/Veggie Choices Sherbet Cups(30g)</p>		



News

Free and Reduced Applications

Applications are accepted anytime during the school year. You may also reapply anytime that your circumstances change; such as wage reduction, hours reduced, loss of employment, or the addition of family member. Applications are available at schools or central office. Please call 282-5652 with any questions or concerns

