



2012 February

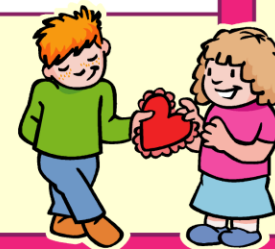
Yealey Elementary




News

Free and Reduced Applications

Applications are accepted anytime during the school year. You may also reapply anytime that your circumstances change; such as wage reduction, hours reduced, loss of employment, or the addition of family member. Applications are available at schools or central office. Please call 282-5652 with any questions or concerns



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In addition to the items listed 100% juice, cereal, milk and yogurt will be offered each day at breakfast.	A variety of low-fat milk Choices is available every day at breakfast and lunch. A unique entrée salad Available each day	1 Breakfast: Sausage/Biscuit(24g) Lunch: Pizza Sticks(30g)w/Sauce Mini Burgers(36g) Corn(25g) Fresh Broccoli Salad(26g) Fresh Fruit/Veggie Choices Sherbet Cups(30g)	2 Breakfast Mini Pancakes(34g) Lunch: Chicken Tenders(12g) Breaded Pork Chop(17g) Mashed Potatoes(13g) Green Beans(9g) Fresh Fruit/Veggie Choices Hot Roll	3 Breakfast: Cinnamon Roll(29g) Lunch: Cheese(32g) or Pepperoni(32g) Pizza Slice Pretzel(38g) w/Cheese Tossed Salad Fresh Fruit/Veggie Choices Mini Rice Krispie Treat(9g)
6 Breakfast: Flapstick (29g) Lunch: Hot Dog(24g)/Coney(27g) Mini Tacos(25g) Potato Smiles(20g) Mixed Vegetables(14g) Fresh Fruit/Veggie Choices Bagged Cookies	7 Breakfast: Breakfast Pizza(19g) Lunch: Homemade Grilled Cheese(20g) Chicken Sliders(25g) Homemade Chili(6g) Vegetable Medley Fresh Fruit/Veggie Choices Jell-O	8 Breakfast: Sausage/Biscuit(24g) Lunch: Spaghetti w/Meat Sauce(30g) Chicken Alfredo(28g) Glazed Carrots(17g) Tossed Salad Fresh Fruit/Veggie Choices Wheat Bread Stick(22g)	9 Breakfast: Mini Pancakes(34g) Lunch: Chicken Nuggets(14g) Salisbury Steak(39g) Mashed Potatoes(13g) Broccoli w/Cheese(7g) Fresh Fruit/Veggie choices Hot Roll	10 Breakfast: Cinnamon Roll(29g) Lunch: Fiestada Pizza(42g) Corn Dog(26g) Corn(25g) Fresh Fruit/Veggie Choices Fun Size Chips
13 Breakfast: Flapstick (29g) Lunch Hamburger(30g)/Cheeseburger(30g) Grilled Chicken Sandwich(30g) Tater Tots(19g) Baked Beans(33g) Sandwich Trimmings Fresh Fruit/Veggie Choices	14 Breakfast: Breakfast Pizza(19g) Beef Nachos(38g)/Soft Taco(19g) Cheese Quesadilla(33g) Corn(25g), Mexican Rice(22g), Beans(1g) Lettuce/Tomato/Salsa Fresh Fruit/Veggie Choices Valentine's Day Brownies	15 Breakfast: Sausage/Biscuit(24g) Lunch: Chicken Patty on Bun(40g) Manwich(37g) Fresh Rainbow Coleslaw(8g) Curley Fries(20g) Fresh Fruit/Veggie Choices Fresh Fruit/Veggie Choices Pudding Cup(28g)	16 Breakfast: Mini Pancakes(34g) Lunch: Chicken Tenders(12g) Oven Roasted Chicken(0g) Mashed Potatoes(13g) Green Beans(9g) Fresh Fruit/Veggie Choices Hot Roll	17 Breakfast: Cinnamon Roll(29g) Lunch: Stuffed Crust Pizza(45g) Cheese Ravioli(29g) California Blend(5g) Tossed Salad Fresh Fruit/Veggie Choices President's Day Cookies(22g)
20  President's day	21 Breakfast: Breakfast Pizza(19g) Lunch: Hot Dog(24g) Sub Sandwich(26g) Homemade Chicken Noodle Soup Baked Potato(37g) Fresh Fruit/Veggie Choices Goldfish Crackers(14g)	22 Breakfast: Sausage/Biscuit(24g) Lunch: Chili 3/Way(28g) w/Oyster Crackers(10g) Lasagna Rolls(31g) Brussel Sprouts(7g) Tossed Salad Fresh Fruit/Veggie Choices Brownie(26g)	23 Breakfast: Mini Pancakes(34g) Lunch: Chicken Nuggets(14g) Chef's Delight Mashed Potatoes(13g) Winter Blend(2g) Fresh Fruit/Veggie Choices Hot Roll	24 Breakfast: Cinnamon Roll(29g) Lunch: Cheese(37g) & Pepperoni(36g) Pizza Squares Stromboli(21g) Corn(25g) Fresh Fruit/Veggie Choices Frozen Fruit Treat(15g)
27 Breakfast: Flapstick (29g) Lunch: Mini Corn Dogs(38g) Fish Wedge on Bun(49g) Mac & Cheese(29g) Peas & Carrots(8g) Fresh Fruit/Veggie Choices Peach Cobbler	28 Breakfast: Breakfast Pizza(19g) Lunch: Popcorn Chicken(14g) Teriyaki Dipper(6g) Au gratin Potatoes(20g) Lima Beans(17g) Fresh Fruit/Veggie Choices Chocolate Chip Cookie(6g)	29 Breakfast: Sausage/Biscuit(24g) Lunch: Pizza Sticks(30g)w/Sauce Mini Burgers(36g) Corn(25g) Fresh Fruit/Veggie Choices Sherbet Cups(30g)		