

# Lottery registration for the New Haven Elementary Girls on the Run team



## Self-esteem fitness program designed for pre-teen girls to:

- Discover the benefits of consistent physical exercise and good nutrition
- Learn the advantages of positive peer support
- Learn to stand up for herself in a healthy manner
- Improve her body image and strengthen her sense of identity
- Prepare to participate in a 5k run/walk event

## What is the commitment? When does the team meet?

- Girls gather as a team with volunteer coaches twice per week, from September 12 – November 19. On November 19, all 100+ teams come together for the GOTR 5k at Sawyer Point.
- Because each lesson combines running activities with character development topics, and builds upon the previous lesson, girls MUST be able to commit to BOTH days per week for the entire season.

**With a limited number of spots on each team, please only sign your daughter up if she can make this commitment.**

## Team Specifics

**Meeting location:** NHES Rm: A10 (Mrs. Langhals room)

**Grade(s):** 4th

**Days:** Mondays & Wednesdays    **Times:** 3:40 – 5:00pm

**First Practice Date:** September 12<sup>th</sup>, 2016

**Head Coach Name & Contact Info:** Genie Langhals    [betty.langhals@boone.kyschools.us](mailto:betty.langhals@boone.kyschools.us)

## Lottery Registration Procedure

Due to the nature of the GOTR program, new teams can only accept 12 girls, and returning teams can accept 15. Registration will remain open through August 31 and if more than 15 girls register, a random lottery will be held on September 2.

**If interested, you will need to register online - see next page for details.**

# Girls on the Run of Greater Cincinnati – Fall 2016 Registration Form

Please follow the steps below to register into the online lottery. A maximum of 15 girls will be accepted into the program. Girls must be able to attend both lessons each week for the ENTIRE 10-week season. **Registration is not conducted on a first-come, first-served basis.**

**From Monday, August 22 at 9:00am through Wednesday, August 31 at 11:59pm, please follow the steps below to register:**

1. **Go to:** <https://www.raceplanner.com/register/index/S3SCYIWWLA2IIOF> to register, or visit our homepage to easily register [www.gotrcincinnati.org](http://www.gotrcincinnati.org)
2. Choose the appropriate program location (i.e. your school, community center, etc.) A maximum of 15 girls can be accepted into the program – the system will automatically conduct a random lottery should more than 15 apply. **Registration is NOT conducted on a first-come, first-served basis.**
3. **Enter the appropriate information**  
You will need the following information to register online:
  - Girl's information, including t-shirt size and estimated shoe size
  - Parent / Guardian contact information
  - Health information, including insurance

4. **Please pay your registration fee online according to your family's income using the following Sliding Scale of Family Income:**

<i>Family Income</i>	<i>Fee Schedule</i>
Less than \$15,000	Pay \$10
\$15,001-\$20,000	Pay \$20
\$20,001-\$30,000	Pay \$50
\$30,001-\$40,000	Pay \$80
\$40,001-\$50,000	Pay \$100
More than \$50,000	Pay \$160

We accept credit cards (preferred) or e-checks. You will only be charged if your daughter is accepted on the team at the time we conduct the random lottery on **Friday, September 2**. We ask that each family pay according to the above scale so we can achieve our goal of reaching as many girls as possible with our scholarship dollars. **If you CANNOT pay your fee according to this scale, or if you need to make payment in installments, you can complete an online scholarship application (using the embedded link in the online registration form) and no payment will be required with your registration.** The GOTR office will contact you before the start of the season to finalize your scholarship terms.

## **What your GOTR fee covers:**

- 20 uplifting lesson
- New, fitted running shoes
- GOTR t-shirt
- Healthy snacks at every lesson
- 5k registration, finisher's medal, and more!

Please note: Girls will be fitted with shoes from the Running Spot. Shoes will be worn at practice but girls must participate in at least 75% of the lessons and complete the program in order to keep the shoes.

If you do not have Internet access, please make plans to visit the school, community center, or library to register.

**Registration will remain open until August 31 at 11:59pm. If more than 15 girls register for your team, a random lottery will be conducted September 2 and families will be notified that day. Lottery FAQs on the next page!**

# **Girls on the Run Greater Cincinnati**

## **Lottery Registration Frequently Asked Questions**

### ***How does the lottery system work?***

Registration will open for a week and half and then close. At that time, if more girls are registered than the number of available spots on a team, the registration system will randomly select girls for that team. All additional girls will remain in “lottery status” and be placed on the waiting list. Should a girl drop and a spot opens up during the first two weeks, we can fill that spot from the waiting list via another lottery.

Teams that are not at capacity will include all girls registered at that time. Registration will then re-open and additional girls will be added on a first-come, first-served basis until capacity is reached for each team.

### ***Why a lottery system?***

The lottery system allows all girls the same opportunity to participate in Girls on the Run. The lottery system provides every family an equal opportunity to register and equal access to participate in the program.

### ***What is Raceplanner?***

This is the third-party software system we use for program and race registration. The Raceplanner system protects confidential information and will be used to conduct a fair and random lottery.

### ***What about girls that have participated in the past? The lottery doesn't seem fair to them.***

Though we appreciate the passion and loyalty of girls that have participated in prior seasons, we are also committed to ensuring that as many girls as possible experience Girls on the Run. We therefore do not offer preferential registration for GOTR alumnae and everyone is entered into the same lottery. The lottery system provides every family an equal opportunity to register.

### ***What if my daughter is not selected?***

In the event the desired team is full, additional girls will be placed on the wait list for that team. Should a spot open within the first two weeks, we will conduct another online lottery. Your credit card will not be charged unless your daughter is formally added to the team.

### ***If it's truly random, why do you ask how many seasons my daughter has participated?***

This information is collected on behalf of Girls on the Run International. It is used to calculate retention rates and for curriculum development purposes.

### ***What about sisters?***

In order to keep the lottery truly random sisters are treated as individuals in the lottery system.

### ***Is the lottery for everyone or only when a team is full?***

Everyone who registers during the first wave will receive a confirmation email notifying them that they are in “lottery status.” At that time, if more girls are registered than the number of available spots on a team, the lottery will occur to randomly select girls for that team. All additional girls will remain in “lottery status” and be placed on the wait list for full teams. If a spot becomes available within the first two weeks of the season, a girl will be randomly selected from the wait list.

Teams that are not at capacity after the first wave of registration will include all girls registered at that time. Registration will then re-open and additional girls will be added on a first-come, first-served basis until capacity is reached for each team.

***When will we know if our girl gets a spot on the team?***

For the fall 2016 season, registration opens on Monday, August 22 at 9:00am and will remain open until Wednesday, August 31 at 11:59pm. The lottery will be conducted on Friday, September 2. If placed on the team, you will receive confirmation of your “registered” status by email on that date. This is also the day your credit card will be charged. Girls on the waiting list will remain in “lottery status.” If a spot becomes available, a girl will be randomly selected from the waiting list. Credit cards are NOT charged until a girl is formally added to a team. Families will then receive a confirmation email indicating “registered.”

***How many girls are on a team?***

In order to ensure a quality program experience for both girls and coaches, we limit the number of girls on each team. New teams may have up to 12 girls, while returning teams may have 15 girls.

***Could you add more girls on a team if I volunteer to coach?***

In order to ensure quality programming we limit our team numbers based on many factors. Some factors include space availability at each site, previously ordered program supplies, facility usage limits, and the number and experience of committed coaches before registration begins. Though programs may be cancelled if a minimum number of coaches cannot be recruited, we do not add coaches at the last minute in order to accommodate more girls. Adults with availability and interest in coaching are encouraged to learn about coaching opportunities on our website and apply well in advance of the next season’s registration date. This allows us to effectively project and plan for the upcoming season and provide new coaches the opportunity to attend coach training and meet with their coaching team. Once registration opens, team limits are set, and no additional coaches will be added to accommodate more girls.

***How do I know I qualified for a scholarship?***

You only need to apply for a scholarship if you cannot afford to pay your registration fee according to the Sliding Scale of Family Income or if you need to pay your fee in installments. The Scholarship Committee at the GOTR Office reviews all the scholarship applications as quickly as possible and awards scholarships based on financial need and based on available funds. You may be asked to submit proof of household income. Someone from the Scholarship Committee will contact you prior to the start of the season to confirm your scholarship details and to work out any payment plans. To prevent any delays, please make sure you complete the scholarship application in full AND provide us with the best means to contact you. Your daughter’s spot on the team cannot be confirmed until your scholarship or payment plan has been confirmed.

*For questions about the Girls on the Run program, please visit [www.gotrcincinnati.org](http://www.gotrcincinnati.org) or call 513-321-1056*