

# Social Media Kindness

Times have surely changed, and we are a well-connected society through social media and the internet. But, although we are well-connected, at times we are not “**kind-connected**”. There is so much negative and false information on the World Wide Web, and it really seems to be rearing its ugly head on sites like Facebook, Twitter, Snapchat, Instagram and YouTube. These are all sites that we use, and our kids especially like using. So, how do teach kids be kind-connected? Here’s a few tips:



- 1) Talk to your child about the proper way to use social media. Remind them to not post negative or unkind information.
- 2) What if something negative is posted about your child or just negative information is posted on their page? Most social media websites allow you to block posts or even people.
- 3) If you allow your child to have social media sites, make sure they allow you to be “friends” or connected to their site. As the grownup, you should be able to monitor what they are doing on these sites. REMEMBER: social media is privilege not a right!! 😊
- 4) As a grownup, try to be a role model by not posting negative information. And, be careful what you say around children, because they might later post or talk about it.
- 5) Unplug from technology. It’s okay to miss a few hours or even a day a week from social media!

We have compiled a few online articles and information regarding social media, kindness, and safety.

- 1) Teens, kindness and cruelty on social network sites -- <http://pewrsr.ch/1iPod4P>
- 2) Handling Social Media with your Kids (CBN) -- <http://www1.cbn.com/family/handling-social-media-with-your-kids>
- 3) 13 Tips for Monitoring Kids’ Social Media (Parenting.com) -- <http://www.parenting.com/gallery/social-media-monitoring-kids>

- 4) Ways You Can Teach Your Kids Kindness and Why You Should. Teaching kids kindness is more important than ever before. Use these nine tips for teaching your kids to be nice and setting a good example for them. Read More: [https://www.verywell.com/teaching-kids-kindness-620723?utm\\_source=emailshare&utm\\_medium=social&utm\\_campaign=shareurlbuttons](https://www.verywell.com/teaching-kids-kindness-620723?utm_source=emailshare&utm_medium=social&utm_campaign=shareurlbuttons)
- 5) Teaching kids to be Kind. Equip your children to change the world one positive interaction at a time. <http://health.usnews.com/wellness/for-parents/articles/2017-08-31/teaching-kids-to-be-kind>
- 6) Talking to your kids about social media safety (U. of Texas at Austin Center for Identity) - <https://identity.utexas.edu/id-perspectives/talking-to-your-kids-about-social-media-safety>

