



# NOVEMBER | 2018

## New Haven Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Available daily: 100% juice, cereal, and yogurt at breakfast</p> <p>A variety of low-fat milk at breakfast and lunch</p> <p>An Entrée salad at lunch</p>	<p><u>Breakfast Prices</u></p> <p>Full Pay – .75 Reduced Pay - \$.00 No Charge - \$.00</p>	<p><u>Lunch Prices</u></p> <p>Full Pay – 2.00 Reduced Pay - \$.00 No Charge - \$.00</p>	<p><b>1</b></p> <p>Chicken Tenders (12g) Salisbury Steak (8g) Smashed Potatoes (13g) Green Beans (9g) Tossed Salad (2g) Carrots &amp; Celery (4g) Mandarin Oranges (16g) Mixed Fruit Cup (18g) Hot Roll (27g)</p>	<p><b>2</b></p> <p>Mini Corn Doggies (30g) Fish Treasures (19g) Mac N Cheese (21g) Lima Beans (17g) Carroteenies (3g) Fresh Fruit Tropical Pineapple (17g) 100% Fruit Juice (14g)</p>
<p><b>5</b></p> <p>Cheese Coney (28g) / Hot Dog (26g) Turkey &amp; Cheese Sub (27g) Baked Beans (27g) Baked Chips (20g) Tossed Salad (2g) Carrots &amp; Celery (4g) Fresh Apples (19g) Sliced Peaches (18g) 100% Fruit Juice (14g)</p>	<p><b>6</b> NO SCHOOL</p>	<p><b>7</b></p> <p>Hamburger (25g) /Cheeseburger (27g) Grilled Chicken on a Bun (27g) Tater Babies (14g) Green Beans (9g) Fresh Veggie Mix Up (5g) Applesauce (14g) Fresh Fruit Cup (10g) 100% Fruit Juice (14g)</p>	<p><b>8</b></p> <p>Chicken Nuggets (14g) Turkey &amp; Gravy (6g) Steamin' Broccoli (5g) Mashed Potatoes (13g) Tossed Salad (2g) Carrots &amp; Celery (4g) Mandarin Oranges (16g) Mixed Fruit Cup (18g) Hot Roll (27g)</p>	<p><b>9</b></p> <p>Pizza Crunchers (42g) Mini Burger Sliders (36g) Crispy Spiral Fries (25g) Roasted Veggies (8g) Carroteenies (3g) Fresh Fruit Tropical Pineapple (17g)</p>
<p><b>12</b></p> <p>Square Pizza Slice (34g) BBQ Chicken Strips (6g) with Cornbread Muffin (24g) Corn (16g) Tossed Salad (2g) Carrots &amp; Celery (4g) Fresh Apples (19g) Sliced Peaches (18g) 100% Fruit Juice (14g)</p>	<p><b>13</b></p> <p>Grilled Cheese (27g) Corn Dog (33g) Carrots (6g) Fresh Veggie Mix Up (5g) Orange Wedges (8g) Juicy Pears (19g) Vanilla or Chocolate Pudding (25g)</p>	<p><b>14</b></p> <p>Chicken Patty on a Bun (37g) Ham and Cheese Bunwich (28) Crispy Spiral Fries (25g) Baked Beans (27g) Carrots &amp; Celery (4g) Applesauce (14g) Fresh Fruit Cup (10g) 100% Fruit Juice (14g)</p>	<p><b>15</b></p> <p>Thanksgiving Meal Turkey/dressing/gravy Baked Ham Whipped potatoes Green beans Fresh vegetables medley Mandarin oranges Mixed fruit Hot Rolls</p>	<p><b>16</b></p> <p>Chicken Drumstick (5g) Cheese Quesadilla (39g) Smile Fries (20g) Steamin' Broccoli (5g) Farm Fresh Vegetable Medley (5g) Fresh Fruit Tropical Pineapple (17g) Sidekicks (20g) 100% Fruit Juice (14g)</p>
<p><b>19</b></p> <p>Chicken and Waffles (65g) Teriyaki Dippers (6g) Mini Biscuit (15g) Broccoli &amp; Cauliflower (2g) Tossed Salad (2g) Carrots &amp; Celery (4g) Fresh Apples (19g) Sliced Peaches (18g) 100% Fruit Juice (14g)</p>	<p><b>20</b></p> <p>Fiestada Pizza (43g) Protein Box (37g) Peas &amp; Carrots (9g) Fresh Veggie Mix Up (5g) Orange Wedges (8g) Juicy Pears (19g) Rice Krispie Treat (9g)</p>	<p><b>21</b>      <b>22</b>      <b>23</b></p>		
<p><b>26</b></p> <p>Cheese Coney (28g) / Hot Dog (26g) Turkey &amp; Cheese Sub (27g) Baked Beans (27g) Baked Chips (20g) Tossed Salad (2g) Carrots &amp; Celery (4g) Fresh Apples (19g) Sliced Peaches (18g) 100% Fruit Juice (14g)</p>	<p><b>27</b></p> <p>Nachos (21g) / Tacos (18g) Pizzable (32g) Corn (16g) Refried Beans (21g) Carroteenies (3g) Orange Wedges (8g) Juicy Pears (19g)</p>	<p><b>28</b></p> <p>Hamburger (25g) /Cheeseburger (27g) Grilled Chicken on a Bun (27g) Tater Babies (14g) Green Beans (9g) Fresh Veggie Mix Up (5g) Applesauce (14g) Fresh Fruit Cup (10g) 100% Fruit Juice (14g)</p>	<p><b>29</b></p> <p>Chicken Nuggets (14g) Turkey &amp; Gravy (6g) Steamin' Broccoli (5g) Mashed Potatoes (13g) Tossed Salad (2g) Carrots &amp; Celery (4g) Mandarin Oranges (16g) Mixed Fruit Cup (18g) Hot Roll (27g)</p>	<p><b>30</b></p> <p>Pizza Crunchers (42g) Mini Burger Sliders (36g) Crispy Spiral Fries (25g) Roasted Veggies (8g) Carroteenies (3g) Fresh Fruit Tropical Pineapple (17g)</p>

### **Breakfast:**

#### **Monday**

Mini Pancakes (39g)

#### **Tuesday**

Breakfast Pizza (26g)

#### **Wednesday**

Flapstick (16g)

#### **Thursday**

Sausage Biscuit with Egg (30g)

#### **Friday**

Breakfast Bites (30g)

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