

LUNCH

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OCTOBER 2021
 Elementary

Lunch Prices
 Students: \$0.00
 Adults: \$4.00

Monday

Tuesday

Wednesday

Thursday

Friday

National Taco Day!

4

Crunchy Fritos Taco (38g)
 Refried Beans (21g)
 Celery & Carrots (4g)
 Apple Slices (19g)
 Craisins (27g)

Soft Pretzel w/ Cheese (32g)
 Cali Blend Veggies (5g)
 Fresh Veggie Medley (5g)
 Orange Slices (15g)
 Applesauce Cup (14g)

5

Cheeseburger Mac (17g)
 Mini Biscuit (14g)
 Carroteenies (8g)
 Steamed Broccoli (5g)
 Diced Pears (19g)
 100% Fruit Juice (14g)

6

Cheeseburgers
 Waffle Fries
 Green Beans (3g)
 Pineapple Tidbits (15g)
 Fresh Fruit Cup (10g)

7

No School

8

Personal Pizza (33g)
 Carroteenies (8g)
 Tossed Salad (2g)
 Mandarin Oranges (16g)
 100% Fruit Juice (14g)

No School

11

Walking Taco (31g)
 Carroteenies (8g)
 Fiesta Black Beans (20g)
 Fresh Apples (19g)
 Raisins (32g)

12

Coney (28g)/ Hotdog (26g)
 Steamed Broccoli (5g)
 Carroteenies (8g)
 Applesauce (14g)
 Diced Pears (19g)

13

Chicken Tenders (15g)
 Potato Smiles (25g)
 Tossed Salad (2g)
 Pineapples Tidbits (15g)
 Banana (27g)
 Hot Roll (27g)

14

Chicken & Waffles (35g)
 Cooked Carrots (7g)
 Cucumber Cup (2g)
 Mandarin Oranges (16g)
 Fresh Fruit Cup (10g)

15

Chicken Patty on a Bun (42g)
 Crispy Spiral Fries (25g)
 Baked Beans (28g)
 Fresh Apple (19g)
 Sliced Peaches (17g)

18

Hot Ham & Cheese Bagel (30g)
 Cooked Corn (15g)
 Green Beans (3g)
 Apple Slices (8g)
 100% Fruit Juice (14g)

19

Cheesy Pull Aparts (30g)
 Marinara Dipping Cup (7g)
 Winter Blend Veggies (2g)
 Diced Pears (19g)
 Applesauce (14g)

20

Chicken Nuggets (13g)
 Whipped Potatoes (24g)
 Fresh Broccoli (3g)
 Pineapple Tidbits (15g)
 Fresh Fruit Cup (10g)
 Blueberry mini loaf (26g)

21

National Nut Day!

22

Personal Pizza (33g)
 Carroteenies (8g)
 Tossed Salad (2g)
 Mandarin Oranges (16g)
 100% Fruit Juice (14g)

25

Mandarin Orange Chicken Bowl (58g)
 Stir Fry Veggies (3g)
 Fresh Veggie Medley (5g)
 Orange Slices (15g)
 Applesauce Cup (14g)

26

Crunchy Fritos Taco (38g)
 Refried Beans (21g)
 Celery & Carrots (4g)
 Apple Slices (19g)
 Craisins (27g)

27

Cheetos Mac N Cheese (42g)
 Carroteenies (8g)
 Steamed Broccoli (5g)
 Diced Pears (19g)
 100% Fruit Juice (14g)

28

National Chocolate Day!

Cheeseburgers (28g)
 Waffle Fries (10g)
 Green Beans (3g)
 Pineapple Tidbits (15g)
 Fresh Fruit Cup (10g)
 Chocolate Chip Cookie (18g)

29

Mini Corn Dogs & Queso (37g)
 Steamed Corn (15g)
 Tossed Salad (2g)
 Mandarin Oranges (16g)
 Sidekick EEK! Slushie (20g)

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